



Registration For Expression of Interest

As part of our ongoing commitment to working in partnership with local service providers, Let's Grow Together! Infant & Childhood Partnerships CLG are delighted to invite practitioners to participate in the New-born Behavioural Observational (NBO) system training.

Please complete the Expression of Interest Form below with your Line Manager before **Tuesday 20th September 2022** and return by email to Trish Hurley, Infant Mental Health and Wellbeing Co-Ordinator, at trish@letsgrowtogether.ie

What is the New-born Behavioural Observational (NBO) system?

The NBO has been in use for the past 30 years, its development influenced and shaped by the renowned and late paediatrician Dr T. Berry Brazelton. It can be used by a range of disciplines who work with parents and caregivers from the birth of the baby to their third month of life. It will add to and strengthen the emerging relationship parents and baby are simultaneously developing.

The NBO system offers a wonderful opportunity, to bring alive, all the capacities a baby can demonstrate in their ordinary everyday interactions with their parents. During administration of the NBO, the parents get to know their baby's individuality, uniqueness and the vulnerabilities that require support.

It gives a voice to their baby as a person. It allows the parent to see, read and understand their baby's skills and competencies and what they contribute to their emerging and developing relationship.

During the administration of the NBO, 18 unique skills and capacities are explored by the practitioner with the baby in the presence of the parent, some of these include:

- Baby's responses to crying, stressful moments, their capacity for soothability, ability for state regulation - move to awake or protect sleep states, what kind of state does this baby have
- Understanding of baby's states and activity levels, responses to light, and sound.
- Observation of the baby's motor capacity and reflexes, crawling, rooting, sucking, hand grasp, eye tracking
- Baby's capacity to orientate to their parent's voice and visual responses to the face.

Demonstration of these unique skills scaffolds parent's and caregiver's confidence. It simultaneously provides parents with an understanding and curiosity of their baby's emerging social and emotional capacity as they adjust to their new family and social environment.



Who can express an interest in this training?

- Work locally in the Cork City Northwest Area in partnership with Let's Grow Together and/or provide a service or have clients living in the Northwest Area of the City.
- Work with families with babies from 0-3 months of age.
- Are committed to participation in the full NBO training, mentoring and accreditation processes.
- Are committed to implementing the NBO tool within their organisations as part of their practice with parents and babies 0-3 months of age.
- Have permission to participate and have been signed off to do so by their Line Manager.

****Filling out an expression of interest form does not guarantee a place***

When will the training take place?

We are offering this training to a maximum of 20 practitioners. Training will take place over three consecutive days.

November 15th, 16th, 17th 2022 -12:30pm-5:30pm (Irish Time)

Mentoring sessions will take place after the training, and ongoing networking opportunities will also be provided. Dates will be confirmed nearer the time and attendance will be required at all three sessions to complete the course.

Who is facilitating the training?

The training will be facilitated by **Dr Yvette Blanchard**, Professor of Physical Therapy, at Harvard University and the Brazelton Institute and **Dr Deanna Gibbs**, Research Consultant for nursing, midwifery and allied health professionals and co-director of children's research at Barts Health NHS Trust and visiting senior research fellow at City University of London.

How much does NBO training cost?

The cost to practitioners working in the Let's Grow Together catchment area is **€200**. This covers the delivery of the course over three sessions, the NBO book/toolkits and mentoring sessions after course. This payment is non-refundable.

The full cost for the NBO course including mentoring sessions afterwards is normally €600 per participant. Let's Grow Together have taken the decision to heavily subsidise this course to promote the use of The NBO as an observational tool for practitioners in the community. Our hope is that you can use those skills in practice, to help parents understand baby's behaviour which is their language and support the emerging relationship.

If you are interested, but not working in the catchment area, please contact us for details.



Please give a brief description of why do you want to attend this training?

Please tick the relevant box to indicate how often do have direct contact with new-born babies up to 3 months old:

Daily A few times weekly A few times monthly A few times per year
Very rarely Never



Course Fee payment details (please ensure these are fully completed and returned with your Expression of Interest Form by Tuesday 20th September 2022).

Invoicing Contact (name):	
Invoicing Contact Email:	
Organisation to be Invoiced (name):	
Organisation Postal Address:	
Purchase Order (PO) Number/Your reference (if required):	

Invoices will be issued electronically to the email address given above in advance of the course.

Please note that the deadline for receipt of payment by EFT is 1st November 2022.

Places are not fully confirmed until payment has been received.



Memorandum of Understanding

Memorandum of Understanding between

_____ (*company name*)

and

Let's Grow Together! Infant & Childhood Partnerships CLG

This agreement is made on _____ (*date*) between

_____ (*company name and
address*)

And

Let's Grow Together! Infant & Childhood Partnerships CLG of HSE Building, Harbourview
Road, Knocknaheeny, Cork.

It is agreed as follows:

1. The employee _____ (*training attendee*) of _____ (*company name*) will attend the Newborn Behavioural Observation (NBO) system training for the full duration on the dates provided.
2. The employee _____ (*employee name*) and _____ (*company name*) are committed to implementing the Newborn Behavioural Observation (NBO) tool within the organisation as part of practice with parents and babies 0-3 months of age.
3. The employee _____ (*employee name*) and _____ (*company name*) agree that the participant will engage in the NBO accreditation process.



4. _____ (*company name*) is committed to engaging with Let's Grow Together! Infant & Childhood Partnerships CLG in mentoring /networking and post course evaluation pertaining to the implementation of the Newborn Behavioural Observation (NBO) system.

Signed for and on behalf of

Let's Grow Together! Infant & Childhood Partnerships CLG.

By: _____

Name:

Role:

Signed for and on behalf of

(Company name)

By: _____ (Training Attendee)

Name:

Role:

Postal address (to receive training materials):

Signed for and on behalf of

(Company name)

By: _____ (Line Manager of Training Attendee)

Name:

Role:



Contact details

Name _____

Job title _____

Area of work _____

Business address _____

Email _____

Second email _____

Phone number _____

Second phone number _____

For further details and queries please email: trish@letsgrowtogether.ie

Let's Grow Together is core funded by Tusla, under the National Area Based Childhood Programme.

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