# 2022in numbers

Let's Grow Together \_



**Let's Grow Together** is a registered charity whose purpose is to

#### **Our Vision**

#### Our Mission

#### **Our Values**

### **Direct Services**



families



families Reaistered for Home Visitina



105 children and caregivers Storytime at the Library



caregivers Attended local 'Non-fire night' event



Participated in Newborn Behavioural Observation



**50** caregivers

Participated in Newborn Behavioural Observation



caregivers Completed Baby massage



babies

Completed Baby massage



Received transition packs to support

transition to primary school

careaivers Attended Babbling Babies



children

Attended Stay & Play at

39

caregivers

caregivers

Completed PEEP parent &

Completed Let's Talk

with Your Baby



**babies** 

with Your Baby

Completed Let's Talk

children

Completed PEEP parent &

toddler groups and 1:1



caregivers

# **Professional capacity building activities** facilitated/resourced by Let's Grow Together



**I** EY Professionals Across 11 EY centres (29 rooms) received

mentoring from LGT EY Mentor



**25** practitioners Infant Mental Health Masterclass



**o** practitioners IMH intro briefing to Redclyff Family Hub



placement students

150+ practitioners

Presentations via online webinars & podcasts (x5)

UCC School of Public Health

646 children

from IGT FY Mentor

From 11 Early Years/Start settings indirectly

benefitted from EY Professional mentoring



staff/lecturers

Presentations to HEIs (x5)

**60** EY & schools'staff LGT & children's services briefing to EY centres



From CUMH Social Work and

**15** EY Practitioners



**15** EY practitioners Received wellbeing packs



**20** Primary care staff LGT & children's services briefing



practitioners Pre-natal PEEP training



**20** practitioners

Infant Mental Health Network Groups



**Z** practitioners Hanen Learning Language & Loving It Programme



**5** schools'staff Incredible Years Teacher Classroom Management



EY Practitioners HighScope Curriculum Training



Engaged with ECERS & SSTEW



Attended LGT wellbeing event



# **Parent Capacity Building**



2 parents-to-be

completed antenatal PEEP Getting to Know Your Baby (antenatal)



16 caregivers

Completed Circle of Security Parenting



10 caregivers

HSE Healthy Communities Early Years Parents Plus Programme



6 caregivers

HSE Healthy Communities Children's Parents Plus Programme



**3** caregivers

HSE Healthy Communities Workshop



13 caregivers

Let's Talk with Your Baby weaning session facilitated by LGT PHN

# **Kidscope Paediatric Clinic**



182 children
Received developmental assessment
& support at Kidscope



168 medical students
Received Infant Mental Health
Briefings at Kidscope

# Dolly Parton's Imagination Library



434 children



1,206 children

## Parents' Forum



6 caregivers
Let's Grow Together Parents

Forum (x4 meetings in 2022)



154 children
Graduated from DPIL



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